



## ***Mentoring in Advanced Acupuncture***

with Dr Hung D Tran, MBBS

### **Classical Acupuncture**

Classical Chinese Medicine (CCM) is an expression of Daoist philosophy and acupuncture is a manifestation of this. When practiced in its entirety, it is a profoundly effective and complete system of medicine.

In this system of medicine, the 12 Primary channels of acupuncture are directly responsible for the daily flow of Qi and Blood and thus healthy physiological functioning of the body. The Complement (aka Secondary) channels prevent a pathogenic factor (PF) from making its way into the Primary Channels and Zang Fu where it could potentially disrupt physiological function with serious implications to an individual's health and wellbeing.

Much of the language of CCM was codified and passed from teacher to student through successive generations. So even if we could read Classical Chinese and were a scholar in the Classics, it would not necessarily follow that we'd fully understand the meaning without receiving a transmission from an authentic teacher. There is also a rich tradition of commentaries which has given rise to many different schools of CCM. Key nuances are easily lost without a pure line of transmission. Modern day Daoist Master, Dr Jeffrey Yuen, is one such lineage holder who generously and selflessly teaches this medicine.

One of the most important aspects of the Chinese medical classics is their emphasis on understanding the process of disease "transmission". Viewing a condition in its present state is not enough to induce a satisfactory resolution of a sickness. We need to clearly understand where it has come from and where it could potentially progress to. This enables Chinese medicine to effectively prevent and heal disease, as well as rebuild and regenerate the body.

### **Mentoring Programme in Advanced Acupuncture**

The mentoring programme is inspired by the oral transmissions of Dr Jeffrey C Yuen, and the clinical teachings of Ann Cecil-Sterman, a senior student of Jeffrey's. The programme is a systematic exploration of the clinical applications of the Complement Channels of acupuncture. These are the Sinews, Luos, Divergents, Eight Extraordinary Vessels



## Practical Details

**Where** : Webinar

**When** : one Sunday a month on average.

**Time** : 9.30am-2pm

**Dates for 2020** : 21 June / 19 July / 13 Sept / 11 Oct / 8 Nov / 6 Dec

**Dates for 2021** : Feb - July (exact dates TBD)

### Who can attend :

We welcome final year acupuncture students as well as established practitioners wishing to integrate these channels into their existing practice.

*Places are limited so please email us to reserve your place. Priority given to those currently on the programme.*

*[info@medalt.co.uk](mailto:info@medalt.co.uk)*

**Costs\*** : £95 per session

### Early bird discount

£510 if all 6 webinars are paid in full by 8th June 2020, (£85 per session)

\* *If you are experiencing financial difficulties due to the pandemic, please email us on : [info@medalt.co.uk](mailto:info@medalt.co.uk)*

### Methods of payment

Medical Alternatives

Sort code : 20-74-63

Banking : 30641634

Please contact us if you require International Banking details



## About Your Mentor

Hello, my name is Hung Tran. I began working in the NHS in 1998 after obtaining my Bachelors in Medicine & Surgery (MBBS) from St Mary's Hospital, Imperial College. I studied TCM acupuncture to licentiate level. However the main route of training in the Chinese healing arts, particularly acupuncture, was via an apprenticeship with my first teacher of Oriental Medicine, Master Nguyen Tinh Thong, between 1999-2008.

After a personal introduction to Daoist Master, Jeffrey Yuen in 2007, I was inspired to undertake systematic study and practice of Classical Chinese Medicine (CCM). Through meeting with and attending workshops with Ann Cecil-Sterman in 2014, I received the transmission of the entire Complement channels of Classical Acupuncture.

Ann has requested me to share this wondrous and profound system of medicine with practitioners interested in applying them clinically. The mentoring programme is the culmination of the teachings that I have received and my clinical experience.

It will be a great honour and pleasure to explore this deep and magical medicine with you.

## References & Resources

The source for these workshops are drawn from Dr Jeffrey Yuen's oral transmissions in general, and in particular the books and seminars of Ann Cecil-Sterman.

Advanced Acupuncture: A Clinic Manual. Protocols for the Complement Channels of the Complete Acupuncture System: the Sinew, Luo, Divergent and Eight Extraordinary Channels - this is the main book that the mentoring programme will use.

The Art of Pulse Diagnosis : A step-by-step exploration of the method, directionality, organ energetics, complement channel pulses, textures, and images. - optional.

A vibrant online community with regular live webinars with Ann & her team  
[www.annceilsterman.com](http://www.annceilsterman.com)

Study Group in Advanced Acupuncture : Co-ordinator, Michelle Aris,  
[michelle.j.aris@gmail.com](mailto:michelle.j.aris@gmail.com)